



Endometriose: Rat und Hilfe für Betroffene und Angehörige (Rat & Hilfe) (German Edition)

Ewald Becherer, Adolf Schindler

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Dieses Buch gibt einen umfassenden Einblick in das Krankheitsbild der Endometriose. Dabei schlägt es eine Brücke zwischen der Schulmedizin und einem breiten Spektrum an alternativen und ergänzenden Therapien. Es stellt ein ganzheitliches Verständnis der Erkrankung vor und eröffnet neue Behandlungsmöglichkeiten.

Verschiedene Autoren beschreiben in 26 Kapiteln u. a.:

- die Erkrankung Endometriose, ihre Diagnostik sowie die medikamentöse und operative Therapie
- verschiedene Formen der Schmerztherapie
- Informationen zur Fruchtbarkeit und Möglichkeiten der Kinderwunschbehandlung
- Physiotherapie, Osteopathie, Fußreflexzonen-therapie
- Pflanzenheilkunde, Homöopathie, Traditionelle Chinesische Medizin
- Psychosomatik, Psychotherapie, Kinesiologie
- Entspannungsverfahren und Yoga
- Ernährungstherapie, Umweltmedizin
- soziale Aspekte mit Informationen zu finanziellen Hilfen, Rehabilitation und Selbsthilfegruppen

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