



Age Power

Ken Dychtwald

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The bestselling author of *Age Wave* reveals how the aging of the baby-boom generation will forever reshape our homes, families and businesses--and how we can be ready.

In the past, few people had a chance to "age." Throughout 99 percent of human history, the average life expectancy was less than eighteen years. Today, however, we are witnessing an unprecedented generational shift. In America, the largest generation in history--the baby boomers--is fast approaching its senior years, in which the elderly will routinely live well beyond their eighties and nineties. While this is an exciting new stage, it begs uncomfortable questions:

- With advances in longevity, at what age should people be considered "old" and therefore eligible for "old age" entitlements?
- How can we adjust work, retirement, education, marriage, and family relations to accommodate tens of millions of us living to eighty--or one hundred?
- What will we do when millions of Americans outlive the money set aside in their pensions and retirement plans?
- How can we transform our health-care system to be ready for the coming onslaught of Alzheimer's and other degenerative diseases?
- What useful and productive roles can we create for elderly boomers, so that the age wave they are producing creates rich opportunities rather than crushing problems?

In this breakthrough book, Dychtwald explains how individuals, businesses, and governments can best prepare for the challenges of a new era in which the priorities will be set based on the needs and desires of the elderly. He surveys how we each must make individual decisions right now to "age proof" our families and ourselves.

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