



# **The Vegetarian Diet for Kidney Disease: Preserving Kidney Function with Plant-Based Eating**

*Joan Brookhyser Hogan*

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**The Vegetarian Diet for Kidney Disease: Preserving Kidney Function with Plant-Based Eating** Joan Brookhyser Hogan

Packed with clearly states up to date information on the most effective methods for managing kidney disease. This valuable book has a great deal of specific information to assist readers in implementing or continuing a plant based diet that can improve the health of their kidneys. Contains detailed meal plans and recipes.

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