



Home Accessibility: 300 Tips For Making Life Easier

Shelley Peterman Schwarz

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Written by the best-selling author of *Multiple Sclerosis: 300 Tips for Making Life Easier* and *Parkinson's Disease: 300 Tips for Making Life Easier*, *Home Accessibility: 300 Tips for Making Life Easier* is designed to help people with chronic illness, physical disability, temporary or permanent (including low vision, blind, hard of hearing, the Deaf, and others), and age-related limitations make their homes safer and more accessible without costly remodeling or structural changes. Shelley Peterman Schwarz shares her unique blend of motivation, inspiration, and practical tips, techniques, and shortcuts with her readers. She has learned from personal experience, to adapt, organize, and simplify life.

Shelley covers the basic concepts of Universal Design, as well as knowing what modifications one can do personally and what changes require professional attention. Chapters cover every room of the home and outdoor living. Readers will also find suggestions for unique products, many not readily available in stores. A resource section at the end of each chapter provides information for contacting support organizations and helpful services and products.

Home Accessibility: 300 Tips for Making Life Easier Answers Questions Such As:

- How do I live in my home now that I use a mobility device?
- How do I get in and out of the shower?
- What are some ways to make my kitchen (bathroom/bedroom) easier to use?
- How do I get in and out of the house, up and down stairs?
- How do I stay connected with the world outside of my home?
- And more

Shelley Peterman Schwarz teaches and inspires people who are experiencing limitations of all types how to conserve valuable time and energy, develop techniques for making life easier, and enjoy life to the fullest.

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