



Adult Health Nursing

Kim Cooper, Kelly Gosnell

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Covering basic anatomy & physiology and medical-surgical nursing for the LPN/LVN, **Adult Health Nursing, 7th Edition** provides just the right amount of information you need - with a level of detail that is neither overwhelming nor too superficial. Guidelines for patient care are presented within the framework of the five-step nursing process; Nursing Care Plans are described within a case-study format to help you develop skills in clinical decision-making. Written by Kim Cooper and Kelly Gosnell, this text includes review questions to help you prepare for the NCLEX-PN® examination!

- Companion CD includes animations and audio clips depicting physiologic processes, physical assessment video clips, an English/Spanish glossary with definitions and audio pronunciations, an anatomy coloring book, and a fluid and electrolytes tutorial.
- Chapters begin with an overview of anatomy and physiology, providing a clear, basic understanding of A&P that LPN/LVNs need to know.
- The consistent, logical framework of the nursing process connects specific disorders to patient care.
- Safety Alert boxes help you implement The Joint Commission's safety guidelines in all settings, with considerations for special populations.
- Nursing Diagnosis boxes, screened and highlighted in the text, include nursing diagnoses for specific disorders paired with the appropriate nursing interventions.
- Skills in a step-by-step format with full-color illustrations present clearly defined nursing actions with rationales for the skills and techniques you'll use in practice.
- Medication tables are meticulously detailed and provide quick access to action, dosage, precautions, and nursing considerations for commonly used drugs.
- Nursing Care Plans, presented in a case-study format, emphasize patient goals and outcomes and end with Critical Thinking Questions to develop your clinical decision-making skills.
- An emphasis on communication features real-life examples of nurse-patient dialogue and illustrates practical guidelines for effective communication.
- Patient Teaching boxes and Family Teaching boxes include post-hospital discharge guidelines and disease prevention instructions with a strong focus on three-way communication among the nurse, patient, and family members.
- Life Span Considerations for Older Adults boxes provide age-specific information for the care of the aging population, which is often the primary focus of the LPN/LVN nurse.
- Home Care Considerations boxes discuss the issues facing patients and caregivers in the home health care setting.
- Health Promotion boxes provide key information on staying healthy and preventing disease, with tips on wellness from Healthy People 2010.
- Cultural Considerations boxes discuss how to address the health needs of a culturally diverse patient population when planning care.
- Complementary and Alternative Therapy boxes includes disorder-specific therapies, precautions, and possible side effects of non-traditional treatments.
- **UPDATED illustrations** include photographs of common nursing skills.
- **NEW! Icons in page margins** indicate videos, audios, and animations on the Evolve companion website that may be accessed for enhanced learning.
- **UPDATED writing style** provides an easy-to-read, professional tone.

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