



# Nutrição em Pediatria: da Neonatologia à Adolescência (Portuguese Edition)

*Virgínia Resende Silva Weffort, Joel Alves Lamounier*

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Evidências científicas indicam que o aleitamento materno proporciona muitas vantagens para a saúde e o desenvolvimento da criança. Os métodos de alimentação no início da vida, com efeitos futuros, constituem importantes áreas para pesquisas. Assim, uma das maiores preocupações do pediatra deve ser a prevenção de doenças do adulto já na infância. O desafio é assegurar que as crianças nasçam, cresçam e permaneçam saudáveis para que se tornem adultos sadios.

Neste livro, a nutrição em seus diversos ciclos da vida, desde o recém-nascido ao adolescente, apresenta uma série de temas atuais que podem auxiliar os profissionais de saúde na prática clínica. Além disso, alguns temas tradicionais foram incluídos para uma visão mais abrangente de nutrição e de saúde.

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