

# Hidden Addictions: Assessment Practices for Psychotherapists, Counselors, and Health Care Providers

Marilyn Freimuth

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### **Hidden Addictions: Assessment Practices for** Psychotherapists, Counselors, and Health Care Providers

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#### Hidden Addictions: Assessment Practices for Psychotherapists, Counselors, and Health Care **Providers** Marilyn Freimuth

Many people seek treatment for life problems without knowing that the real problem is an addiction. If the patient does not report an addiction as part of the presenting problem, it is likely to remain unrecognized. This is the first book to address how to recognize and assess for undisclosed addictions in the context of health and mental health care settings.



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