



Diet Therapy for S-Body Shape (Chinese Edition)

Xie Xinhua Yuan Jianwei Gao Xiaoping

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This book expounds the diet therapy methods in the areas such weight loss, body shaping fitness, breasts enlargement, and supple skin improvement, etc. It makes a detailed introduction of each recipe to the readers through health preserving tips, diet therapeutic efficacy, and experts commentary. The diet preparation is simple and produces the desired result quickly. It is hoped that this book edited by Xie Xinhua, Yuan Jianwei and Gao Xiaoping can help the beauty-loving women have a good healthy body shape through the diet therapy.

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