



Shaman Wisdom, Shaman Healing: Deepen Your Ability to Heal with Visionary and Spiritual Tools and Practices

Michael Samuels, Mary Rockwood Lane

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Praise for Michael Samuels and Mary Rockwood Lane

"Filled with the truth about how spirit can heal us. I was very moved by this powerful book."
–Christiane Northrup, M.D. (on Spirit Body Healing)

"Dr. Michael Samuels provides us with new tools and ways of thinking about our capacity to heal. He has been a wonderful teacher for me and can be for you. . . . His work is inspiring."
–Bernie Siegel, M.D.

"Healing is a creative process. These heartfelt stories and beautiful visualizations inspire the reader to see all life as a healing journey."
–David Simon, M.D. (on Spirit Body Healing)

"Dr. Michael Samuels is one of the leading pioneers in exploring creativity as an important part of every person's healing journey."
–Dean Ornish, M.D.

Ancient spiritual wisdom—practical results

Long before there were medical doctors, surgical procedures, and prescription drugs, shaman healers learned to combat illness and restore physical health using the tools and skills of the body, mind, and spirit. Shaman Wisdom, Shaman Healing shows you how to harness the power of these ancient shamanic traditions to expand your ability as a healer.

This practical, prescriptive guide offers a step-by-step program that shows you how to focus the power of your mind, open yourself to your visionary life, and allow the healing spirit to flow through you. You'll learn how to heal yourself and others using proven techniques drawn from both Native American and Asian traditions, including:

- Heeding the call
- Creating a sacred space
- Inviting spirit through prayer
- Using guided imagery and moving healing energy
- Invoking spirit animals and the spirits of ancient ones
- Using a medicine wheel and cultivating visions

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June Hargrove:

As we know that book is significant thing to add our understanding for everything. By a publication we can know everything we really wish for. A book is a group of written, printed, illustrated or blank sheet. Every year was exactly added. This publication Shaman Wisdom, Shaman Healing: Deepen Your Ability to Heal with Visionary and Spiritual Tools and Practices was filled concerning science. Spend your free time to add your knowledge about your technology competence. Some people has different feel when they reading a book. If you know how big advantage of a book, you can truly feel enjoy to read a reserve. In the modern era like currently, many ways to get book that you simply wanted.

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