



# **It's Time To Curb Your Carbs To Save Your Life and Keep Your Dignity: It's time for a cure!**

**(Volume 1)**

*Roy W Knight Jr*

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# **It's Time To Curb Your Carbs To Save Your Life and Keep Your Dignity: It's time for a cure! (Volume 1)**

*Roy W Knight Jr*

**It's Time To Curb Your Carbs To Save Your Life and Keep Your Dignity: It's time for a cure!**  
**(Volume 1)** Roy W Knight Jr

Say good-bye to obesity, type 2 diabetes, Alzheimer's disease, high blood pressure, cancer, heart disease and arthritis. It's time to cure America's worst addiction. It's time to curb your carbs to save your life and keep your dignity.

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