



Precessional Time and the Evolution of Consciousness: How Stories Create the World

Richard Heath

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How stories enable us to identify the inner spiritual aspects within our material world and participate in the evolution of human consciousness foretold by ancient myths

- Reveals the heightened creativity necessary and available during a precessional shift between ages
- Identifies where and how cosmic energies of consciousness and creativity can be found using principles developed by G. I. Gurdjieff and John G. Bennett
- Explores how myths, megaliths, language, and cave art enabled narratives shaped by sacred proportion

All of culture can be said to be made up of stories. In fact it is stories, more than language, tools, or intellect, that make us human. Our Neolithic and Megalithic ancestors recognized this and stored, within their mythic narratives, an understanding of how sky changes evoke changes in consciousness as human cultures progress through each Zodiacal Age of the precessional cycle. As we enter the Age of Aquarius, it is time to recognize the profound power of stories to give our world meaning.

Exploring how ancient myths, megalithic structures, the formation of language, and even prehistoric cave art are narratives shaped by sacred proportion, Richard Heath explains that stories enable us to identify the inner spiritual aspects within our material world and participate in the evolution of human consciousness. He reveals how the precessional myth of the hero's journey to steal fire from heaven describes a necessary search for new cultural modes that occurs at the end of an Age as the dominant culture begins to falter--and how the massive information bubble created by our modern world, while drowning us in meaningless narratives, also contains the components for an evolutionary shift in consciousness. Presenting key principles advanced by G. I. Gurdjieff and John Bennett to help us awaken to the continuing evolution of our consciousness, Heath shows how to access the spiritual intelligence and heightened creativity available during the galactic alignment of the current "twilight" between two precessional ages.

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