



Cooking Along the Ganges: The Vegetarian Heritage of India

Malvi Doshi

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Cooking Along the Ganges gathers hundreds of recipes that featured on the menu of the renowned Ganges Restaurant in San Francisco. Including a combination of both authentic North Western (Gujarati) and other, regional-Indian recipes, the book offers a unique panorama of the extremely diverse, Indian tradition of vegetarian cooking. For both the novice cook and the expert chef, Cooking Along the Ganges will serve as a detailed guide that will both demystify the intricacies of Indian cookery and illuminate the health-conscious, flavorful recipes for which the Ganges Restaurant is famous. All Indian food is not hot; rather it is the variety of spices, and how and when they are added that makes Indian food distinctive. -Malvi Doshi Malvi, with her generosity of spirit, is as wonderful a teacher as she is a cook. She presents her recipes in clear, accessible language that allows both the novice and the accomplished cook to achieve authentic flavors again and again. -Michele Anna Jordan, from the Foreword to Cooking Along the Ganges Reviews for the Ganges Restaurant: Hindu vegetarians ascribe important healing properties to certain foods Too complex for me, I ignored therapeutics at the Ganges and concentrated on the pure pleasure of eating. Malvi Doshi, it turned out, is a genius. -Sharon Silva, San Francisco Focus Magazine I'd been enjoying Indian food for more than 30 years, but in this unheralded restaurant on a dark, cold street I tasted dishes I'd only read about. -Jim Wood, on the Ganges Restaurant, San Francisco Examiner Image Magazine. Cover illustration ©2002 Arun Kamat Cover design by Rodwin Pabello (www.rodwin.com)

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This Cooking Along the Ganges: The Vegetarian Heritage of India book is not really ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book is actually information inside this reserve incredible fresh, you will get facts which is getting deeper you read a lot of information you will get. This kind of Cooking Along the Ganges: The Vegetarian Heritage of India without we comprehend teach the one who studying it become critical in imagining and analyzing. Don't be worry Cooking Along the Ganges: The Vegetarian Heritage of India can bring whenever you are and not make your carrier space or bookshelves' turn out to be full because you can have it within your lovely laptop even cell phone. This Cooking Along the Ganges: The Vegetarian Heritage of India having fine arrangement in word as well as layout, so you will not really feel uninterested in reading.

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