

Grief and Loss Across the Lifespan, Second Edition: A Biopsychosocial Perspective

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Praise for the First Edition:

"[This book] represents a significant advance because it looks at the issues from a bio-psychosocial perspective. To a social worker who has worked mainly in a medical and nursing environment, this is a great step forward."

--Bereavement Care

"[Offers] valued sensitivities, knowledge, and insights, and most importantly, age-appropriate interventions for a range of significant losses....Counselors will want to keep this indispensable work close at hand."

-Kenneth J. Doka, PhD, Author, Counseling Individuals With Life-Threatening Illness

This unique text for undergraduate and masterís level social work and counseling courses on loss, grief, and bereavement is distinguished by its biopsychosocial perspective and developmental framework. The book addresses grieving patterns and intervention strategies according to the life trajectory and provides clinical intervention tools and strategies for coping according to the developmental stage of an individual. It incorporates losses beyond death loss, with special focus on losses related to maturational development. The second edition reflects new research that has clarified and underscored the value of theories examined in the first editionóparticularly in the areas of continued bonds, disenfranchised grief, and ambiguous grief. It describes how grieving is influenced by biological responses to stress, psychological responses to loss, and social norms and support networks.

The second edition includes significant new information on trauma and resilience and addresses the use of mindfulness practices with grief and loss. It focuses on the changing role of technology including expressions of grief and loss in social media and public forums. Updated information is provided regarding hospice and palliative care, , along with housing issues in aging. A completely new chapter examines grief and loss counseling with emerging adults, and changes in the DSM 5 are covered as well. Additional new features include chapter objectives, discussion questions, an instructor's manual, PowerPoint slides, and updated resources.

New to the Second Edition:

- New information on trauma and resilience
- Using mindfulness practices with grief and loss
- Updated theory and empirical findings
- The changing role of technology in grief
- Expressions of grief and loss in social media and public forums
- Transitions due to economic and health changes
- Changes in the DSM 5
- New chapter on emerging adults (ages 18-25)

- Instructorís manual and PowerPoint slides
- New information on hospice, palliative care and aging
- Housing issues in aging/disability
- New information on issues facing young and older US veterans and families
- Updated resources
- Chapter objectives and discussion questions

Key Features:

- Uses a developmental framework for grief and loss
- Incorporates notions of loss beyond death, including unique maturational losses
- Integrates new grief theories with empirical findings and intervention techniques
- Utilizes neurobiological and biological information within a counseling text
- Focuses on non-pathologizing approaches to sadness, loss, and grief

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From reader reviews:

Dorothy Marsh:

As people who live in the particular modest era should be upgrade about what going on or info even knowledge to make these individuals keep up with the era and that is always change and make progress. Some of you maybe can update themselves by reading through books. It is a good choice for you personally but the problems coming to you is you don't know what one you should start with. This Grief and Loss Across the Lifespan, Second Edition: A Biopsychosocial Perspective is our recommendation to cause you to keep up with the world. Why, because book serves what you want and wish in this era.

Lela Hird:

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Priscilla Garcia:

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Hoyt Adkins:

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