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# **People Skills**

Neil Thompson



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Whether it's managing people, taking care of others or working collaboratively in a team, so much of what people do in the workplace is dependent on their ability to work effectively with others.

Now in its fourth edition People Skills provides an up-to-date guide to the knowledge and skills required for working successfully with people. Written with the accessibility and practical application for which Neil Thompson is renowned, this book is written for people at all levels. Whether you're a social worker, nurse, youth worker, a manager or supervisor, or in any role that involves working with people and their problems, this book will help you to develop your skills and improve your effectiveness.

Divided in to three key areas of people skills development:

• Part I highlights the importance of personal effectiveness; it draws on the key personal skills that are essential to working with people. This includes time management, stress management, being creative and building resilience.

• Part II explores core interaction skills; it begins by looking at the diversity of the people we interact with and goes on to equip readers with core communication skills, including verbal, nonverbal and written. It also addresses complex tasks, such as managing conflict appropriately and successful interviewing.

• Part III outlines the skills of intervention; it focuses on looking at what needs to be done and the necessary steps to make it happen. From developing anti-discriminatory practice to decision making and reflective practice, it focuses on problem-solving skills in the workplace.

Packed with engaging features, each chapter includes practice focus boxes that help connect theory with real-life practice and exercises that stimulate and challenge the reader.

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Spent a free time to be fun activity to try and do! A lot of people spent their sparetime with their family, or their very own friends. Usually they carrying out activity like watching television, likely to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Might be reading a book may be option to fill your free of charge time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to try out look for book, may be the publication untitled People Skills can be good book to read. May be it might be best activity to you.

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