

Harmonizing Heavens and Earth: A Daoist Shamanic Approach to Peacework (Masters of Peace)

Kathleen McGoey

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This book explores how shamanic Daoist practices help cultivate the skills of an elicitive peaceworker. Author Kathleen McGoey uses embodied writing to describe her direct experiences with qigong and other meditation forms, and to explain the creation of inner peace that ultimately extends far beyond the individual. A trans-rational understanding of peace weaves together transpersonal interpretations of intuition with ancient Daoist wisdom. By relating the outcomes of such approaches to real world conflict transformation, McGoey proposes a practical personal consciousness that strives for harmony with our's and others' environments. (Series: Masters of Peace - Vol. 9)



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