



Combined Treatments for Mental Disorders: A Guide to Psychological and Pharmacological Interventions

American Psychological Association

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An exploration of the best way to integrate pharmaceuticals and psychotherapy in the treatment of mental disorders. Combined treatment is relatively common, but because of biases in the fields of medicine and psychology that champion one form over another, many clinicians are not fully informed about use of both modalities. This practical volume seeks to end this situation. As this text reveals, exclusive reliance on one mode of treatment may result in a practitioner being unable to address many clients' needs. Each chapter closely examines the combined treatment for a different disorder, such as insomnia, depression, schizophrenia, and obsessive-compulsive disorder. Different disorders are addressed in separate chapters in relation to combined treatments which many clinicians may not be fully informed of. The social and ethical ramifications of prescriptive authority for psychologists is also addressed in relation to its increasing relevance. A practical guide for clinicians both experienced and non-experienced in the psychological and pharmacological fields.

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