

Encounters With the Soul: Active Imagination As Developed by C.G. Jung

Barbara Hannah



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Encounters With the Soul: Active Imagination As Developed by C.G. Jung Barbara Hannah Barbara Hannah, Jungian analyst and author, explores Jung's method of "active imagination," often considered the most powerful tool in analytical psychology for achieving direct contact with the unconscious and attaining greater inner awareness. Using historical and contemporary case studies, Hannah traces the human journey toward personal wholeness. This approach to confronting the unconscious is a healing process that applies to both men and women and deals in depth with the injured feminine as well as many powerful archetypal forces.

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