



The Crazy Makers: How the Food Industry Is Destroying Our Brains and Harming Our Children

Carol Simontacchi

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An unprecedented and impeccably reported look at how American food manufacturers and their "products" may be endangering our minds.

With obesity becoming one of the fastest-growing worldwide epidemics, and manufactured food fueling that trend, *The Crazy Makers* is timelier than ever. This updated edition includes a new chapter on autism, as well as revised material that illustrates just how much the industry has changed in a few short years.

Based on extensive research, epidemiological evidence, and a formal study of schoolchildren's eating habits, *The Crazy Makers* identifies how the latest food products may be literally driving us crazy. Carol Simontacchi offers the reader nutritional primers and recipes to help counteract the problems facing us and our children every time we sit down to eat.

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What is your hobby? Have you heard this question when you got college students? We believe that that issue was given by teacher to the students. Many kinds of hobby, All people has different hobby. So you know that little person such as reading or as reading become their hobby. You should know that reading is very important along with book as to be the factor. Book is important thing to incorporate you knowledge, except your current teacher or lecturer. You discover good news or update regarding something by book. Amount types of books that can you take to be your object. One of them is actually *The Crazy Makers: How the Food*

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