



# The Edible Asian Garden (Edible Garden)

*Rosalind Creasy*

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**With beautiful photography and region-specific growing tips, *The Edible Asian Garden* features delicious recipes and gardening techniques from China, Japan, India and Southeast Asia.**

With plant information and practical how-to, author Rosalind Creasy takes us on a tour of three of her own successful Asian gardens—one suitable for cool weather, another for warmer weather, and a stir-fry garden—to show the variety of vegetables that can be grown in a range of climates and for a variety of purposes.

In "The Asian Garden Encyclopedia," Creasy gives information for 108 distinct varieties of Asian vegetables. Looking for a novel ingredient to add to Friday night stir-fry supper? Why not grow it—the Resources section offers many seed sources for Asian vegetables that are easier to plant than to find at your local market.

Finally, in the Recipes section, Creasy presents common Asian ingredients and cooking methods.

## **Featured Asian recipes include:**

- Pickled Ginger
- Lemon Grass Tea
- Carrot and Garlic Stir-fry
- Pea Shoots with Crab Sauce
- Thai Chicken Soup with Pigeon Peas
- Vietnamese Salad Rolls
- Winter Squash, Japanese Style
- Thai Red Vegetable Curry
- Vegetable Tempura
- And many more!

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